



A La Carte

House made Congee 17
Served with traditional accompaniments (df, v)

Poha porridge 15
Choice of lite, full cream, soy, almond or lactose free milk, orange & pedro ximenez infused prunes, crushed pistacio (gf)

Eggs Benedict 20
Served with hash brown, tomato & your choice of ham, smoked salmon or spinach (gfo)

Japanese soufflé pancakes 18
Served with mixed berry compote, whipped citrus butter & maple syrup (low cal)

Two eggs 12
Cooked your way & served with sourdough & grilled tomato (gfo)

Breakfast Burger 15
American cheese, egg, bacon (turkey bacon available), lightly dried tomato, aioli & hash brown

Omelette, 15
3 eggs, your choice of spinach, mushrooms, cheese, ham, onion, tomato, capsicum with sourdough & Grilled Tomato (gfo, vo, dfo)

Poached chicken breast 20
mixed bean Turkish baked eggs (gd, df, lite, high protein)

Sides 5

Bacon	Hash Brown's	Sausage
Baked mixed Beans	Smoked Salmon	Sliced Avocado

Breakfast Bar

Enjoy our full selection of free range eggs, hot dishes, artisan breads and butter, yoghurts, muesli and cereal. A range of fresh fruits, baked pastries and made to order eggs, tea & coffee 32

Liquids

Espresso coffee	5
Pot of tea	5
Hot water & lemon	3
Freshly pressed juice (orange, apple, pineapple, celery, watermelon, carrot)	9
Energy Smoothie- guarana, avocado, kale, apple juice & almonds	14
Stay Young Smoothie- mixed berries, beetroot, coconut water	14
Vitamin E Booster- broccoli, spinach, almond milk, lime & parsley	14
Detox Juice- lemon, lime and watermelon	12
Deep Cleanse Juice- celery, ginger, cucumber & apple	12
Anti-oxidant rich juice- carrot, orange, wheatgrass & kale	12